



HEALTH
TAPESTRY



Family Medicine



Dear valued client:

We are reaching out to you to tell you about an exciting new initiative in need of volunteers in Sault Ste. Marie, called Health TAPESTRY.

Health TAPESTRY is an initiative developed and led by McMaster University Department of Family Medicine. The Canadian Red Cross is providing leadership in volunteer and community engagement, and the Superior Family Health Team is participating to support the needs of older adults in Sault Ste. Marie.

Health TAPESTRY helps people stay healthier for longer in the places where they live. We do this by bringing together health care teams, volunteers, the community and technology. As part of the program, volunteers from Sault Ste. Marie, trained by the Canadian Red Cross, visit older adults in their homes as a team of two. They collect information about a client's needs, including their life and health goals. This information is then sent to the Superior Family Health Team using secure technology.

The information gathered helps the Superior Family Health Team create a care plan for the clients that will help them achieve their health goals. The team will also connect them to supports and resources in their community.

As someone who has been supported by the Superior Family Health Team, we hope you will consider becoming a Health TAPESTRY volunteer with the Canadian Red Cross to help build a stronger community for our aging population in Sault Ste Marie. We encourage you to also share this opportunity with your family and friends.

If you have any questions or would like to learn more about the role and responsibilities of Health TAPESTRY volunteers, please contact Jaclyn McKenna at HTAP_SSM@redcross.ca or 705-759-4547.

Thank you for your time,

The Superior Family Health Team